

## PATIENT INSTRUCTIONS

### FAECAL OCCULT BLOOD INVESTIGATION

The purpose of this test is to detect colorectal bleeding

#### PROCEDURE

1. Three faeces samples should be collected **over three consecutive days**, each into a separate container.
2. Only a small sample is required for testing. A scoop inside the lid will assist in transferring the sample into the brown top container.
3. Ensure each container is labelled with:
  - Your name (surname, first name)
  - Date of birth
  - Date and time of collection
  - Sample number 1, 2 or 3
4. The labelled specimens should be kept in a cool place. When **all three are collected**, place the specimens in the sealed side of the plastic specimen bag with the pathology request form in the open side. Then place the plastic bag in the cardboard tube and seal.
5. Deliver promptly to the doctor's surgery, or your nearest Clinpath collection centre.

**Specimens should not be contaminated by urine.**

**Do not collect specimens:**

- **During menstrual bleeding**
- **When known haemorrhoids are actively bleeding**

Our Patient Services staff will be happy to assist you with any enquiries on:

**8366 2088**