

24 Hour Urine Collection

Patient Instructions

IMPORTANT

Samples are to be collected in a clean container and transferred to the collection bottle provided to avoid any contact between the skin and the preservative/acid in the collection bottle.

DAY 1 – PROCEDURE

- Discard first urine sample as indicated on sample container (eg. the 7:00am sample). The 24 hour collection period commences from this time.
- Collect all urine passed over the next 24 hours and place into the sample container provided.

DAY 2 – PROCEDURE

- It is important to empty your bladder at the same time as the day prior (7:00am) and this sample **MUST** be included with your collections.

STORAGE CONDITIONS

It is recommended that the sample be kept cool during the collection and sent to the nearest Clinpath collection centre as soon as possible. If you are unable to deliver the specimen immediately, the container should be refrigerated.

NOTE: The bottle may contain a preservative or acid and should not be tipped out.

INFORMATION

For any further information or questions regarding this procedure please call Client Services on **(08) 8366 2000**