

Helicobacter Pylori Breath Test

Patient Instructions

BOOKING REQUIRED

Please note a booking is required for this test.

To make an appointment and locate your nearest collection centre please call Client Services on **(08) 8366 2000**

IMPORTANT

You must fast for a minimum of four (4) hours prior to the test. This includes both food and water.

Please remember to bring your pathology request form and a list of all current medications with you on the day of your appointment.

PROCEDURE

With permission from your doctor, prior to the test you should avoid:

- Antibiotics & Bismuth preparations **30 days** prior to the test
- Sucralfate **two (2) weeks** prior to the test
- Proton Pump Inhibitors eg. Zoton, Losec or Nexium **one (1) week** prior to the test
- Ulcer medication eg. Tagamet or Zantac **six (6) hours** prior to the test

NOTES

Please note this test takes approximately 20 minutes and will be booked in the morning or afternoon.