

# 50gm Glucose Challenge Test

## Patient Instructions

### IMPORTANT INSTRUCTIONS

- Please eat something 1½–2 hours prior to attending the Clinpath collection centre for your test.
- The Glucaid glucose solution is to be consumed on-site at the Clinpath collection centre where the test will be conducted.

### PROCEDURE

- 1) Drink the 50gm Glucaid glucose solution within 5 minutes
- 2) Do not consume any food until the blood specimen is taken

### NOTES

- Water may be consumed at all times
- You are not required to fast overnight for this test
- No appointment is required for this test

### INFORMATION

For any further information or questions regarding this procedure please call Client Services on (08) 8366 2000